

**We have a network of local Branches throughout Scotland that provide a range of activities, events and opportunities for families to gain support and connect with other families in their local community.**



Local Branches are a great way for families within a local area to connect with one another, gain peer support, and share experiences and local knowledge.

Local Branches also create opportunity for all the family to learn new hobbies, have some social fun and create new friendships.

Your local Branch welcomes you to get in touch if you would like to connect with them or find out more about their Branch and how to get involved.

Your local Branch is: **Ups and Down's**  
Branch Contact: **katrina Blair**  
Email: **tinybopa87@googlemail.com**

**We hope to see you there!**

T: 0300 030 2121

E: [info@dsscotland.org.uk](mailto:info@dsscotland.org.uk)

W: [www.dsscotland.org.uk](http://www.dsscotland.org.uk)

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