

November 2025 UK

Wk	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
44	27	28	29	30	31	1	2
						Parent Carers Halloween Part	
45	3	4	5	6	7	8	9
	EASE	Suicide Prevention awareness Parent Cares – Carse of Gowrie	Perth Dementia Café Male Carers driving range Gie it laldy Choir	The Social Hub Parent Carers - Crieff	Male Carers – Blairgowrie		
46	10	11	12	13	14	15	16
	EASE		Gie it laldy Choir Parent Carers - Perth	Crieff Carers Cafe	The Friday Club Male Carers – Perth		
47	17	18	19	20	21	22	23
		Pitlochry Dementia Café Let's explore food!	Gie it laldy Choir Parent Carers - Blairgowrie	Kinross Day Centre Thorton's	Male Carers – Kinross		
48	24	25	26	27	28	29	30
	Parent Cares – Coupar Angus	Coming to the end Online coffee and chat	Gie it laldy Choir	Crieff Parent Carers Parent carers - Kinross	"The Soup Lunch" Coupar Angus Dementia Café Male Cares – Auchterarder		